

Shak's Tracks

Round the Houses

Start at the top of Dixon Drive, near the Egerton. Ethiopian athletes always ease into runs. Let's follow their example and run gently down Dixon Drive. Just before it bears right, turn left onto Carter Lane. After about 200m, take the footpath on the right between the pines and the hawthorn hedge. Follow the path towards the railway bearing right to run parallel to the tracks towards the rear of Chelford market.

At the end of the path, turn left under the cattle arch and follow the field path to the old school on Alderley Road. Turn right onto Alderley Road and run to the roundabout, crossing carefully to Peover Lane. Try to say aloud, "I am running strongly". If you can't, pop into Eileen's for an ice-cream. If (and when) you can, carry on down Peover Lane, ignore the first field path on the right and where the road begins to bear left, take the path on the right towards Heath Farm.

Follow the path through the spooky tunnel under the railway. Wooooo ! Emerge thankfully near Heath Farm and run along the lane. After about 200m, those of you who falter may take the field path on the right back towards Knutsford road and thence to the Egerton. The committed will follow Common Farm Lane, eventually turning right onto Pepper Street to run triumphantly back to the Egerton. At this point and in deference to the spirit of Alf Tupper, we can have a pint, having circumnavigated Chelford on foot. Or we can go round again. Well done, where next? Let me know how you get on.